



Special Abilities Swim Program

Water is a great motivator for children with special needs. Kids who are limited by movement on land can often learn to move without restriction in the water. They learn the water safety and swimming skills they need to be confident in the water and they have fun exploring new boundaries. This creates a water experience that is not only exciting and educational, but also empowering and fulfilling.

According to the National Autism Association, drowning is the leading cause of death among children in the autism spectrum. The American Institute for Preventative Medicine states that drowning also is the leading cause of death among children in the U.S. under age 5.

Therefore water safety skills are an essential foundation for all children for a lifelong, safe enjoyment of the water.

We strongly believe in the therapeutic effectiveness of water as a therapy, especially with children with autism. Aquatic interventions have shown to be a significant factor in the development of sensory processing, providing a needed calming tactile stimulation that decreases a child's hyperactivity and stress. The fact that it takes three times more effort to move through water than it does through air seems to provide the extra stimulation that children with autism as well as those that are hyperactive seem to need.

Through participating in swim lessons, the "special child" learns to feel more positive about himself/herself in an environment that promotes success mixed with fun and play.

Sign up your child today.